

The Ryandale MOY

MENU

Opening Hours

Monday - Friday 8.00am - 8.00pm

Saturday 8.00am - 9.00pm

Sunday 8.00am - 8.00pm

*At The Ryandale our food is prepared to order using only
the finest ingredients available.*

*We produce quality food with exceptional flavours and
taste.*

*Everything on our menu is made in-house on a daily basis
so that we can maintain the highest food quality standards.*

We hope you enjoy your meal

www.theryandale.com

STARTERS

Choice of Freshly Prepared Soups (G?) (D?)	£5.00
with wheaten bread	
Garlic Ciabatta (V)	£5.00
with cheese 50p extra	
Chicken Caesar (GF?)	£6.50 main £11.50
baby gem, bacon, croutons & parmesan	
Breaded Mushrooms (V)	£6.00
seasonal leaves & garlic aioli	
Chilli Dusted Chicken Strips	£7.50 main £14.00
Little gem, peppers & sundried tomato & chilli mayo	
Shallow Fried Brie (V)	£6.50
Cranberry & port dressing	
Vegetable Spring Roll (V)	£6.00
Chilli dip	
Tiger Prawns in Filo	£6.50
Petit salad, chilli mayo	
Vegan Crispy Salad (V) (VG) (D) (GF) (H)	£5.00
Baby gem, pepper, onion, beetroot, avocado and cherry tomato	

MAIN COURSES

FISH

Breaded Fillet of Cod	£13.50
mushy peas, tartar sauce & side order	
Cajun Blackened Salmon (GF) (H) (D)	£16.00
served with soy and chilli seared vegetables. (Noodles or Rice if you wish)	
Battered Scampi	£14.00
served with sundried tomato & gherkin salad, tartar sauce & side	

Please Note: All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy, intolerance or special dietary requirement it is essential that you let us know when placing your order. Full allergen information is available.

(GF): Gluten free

(V): Vegetarian

(VG): Vegan

(H): Healthy Option

(D): Dairy Free

Anything notarised with a (?) Can be made to suit dietary requirement

GRILLED

All our meat is supplied by McAtamney's Award Winning Butcher (Cookstown) and hung for a minimum 28 days for flavour and tenderness

8oz Sirloin	£18.00
12oz Sirloin	£24.00
10oz Fillet	£30.00

All steaks are served with battered onions & choice of side

Choice of sauce (extra)..... £2.95

6oz Ground Beef Burger (GF?)..... £14.50

cheddar, bacon, BBQ sauce, served in a Sour dough bun & side order

Five Spiced Duck (GF) (D)..... £17.50

Pickled cabbage, sweet potato, soy & ginger glaze

Beef lasagne..... £13.50

Petit salad, coleslaw and garlic ciabatta & choice of side

Turkey & Ham Parcel (GF?) £16.00

Chipolata's, seasonal vegetable, creamed potato & pan gravy

Slow Roast Silver Side of Beef (GF?) £16.00

Served with seasonal vegetable and creamed potato

CHICKEN

Chicken Curry (GF?) (D?) (H?)..... £13.95

roast chicken pieces in Chef's own curry sauce, poppadom & herb infused rice

Chicken Goujons £12.95

mixed baby leaf salad, side order & choice of dip

Chicken Fillet Burger £13.50

Spiced crumbed chicken fillet, bacon, chipolte sauce, cheddar & side order

Chicken Carbonara (GF?)..... £12.95

needs no introduction! Garlic bread

Cold Meat Salad (GF?)..... £11.00

Choice of chicken, turkey, ham

Extra for prawn or beef £2.00

Chilli Dusted Chicken Stir-fry £16.00

breaded chilli chicken, Asian style vegetables

Chargrilled Chicken Supreme (GF)(D?)(H)..... £13.95

Scallion mash and choice of sauce

(GF): Gluten Free

(V): Vegetarian

(VG): Vegan

(H): Healthy Option

(D): Dairy Free

Anything notarised with a (?) Can be made to suit dietary requirement

VEGETARIAN/ VEGAN

Vegetable Spring Rolls (V)	£10.50
Sweet chilli dressing	
Roast Vegetable & Sweet Potato Curry (GF?) (V) (VG) (HE)	£10.50
Herbed rice & poppadum	
Vegan Burger (D) (H) (V)(VG)	£12.00
Sour Dough Bap, BBQ Sauce, Vegan coleslaw, gerkin & tomato salad	

CHILDRENS MENU (under 12s)

Roast Chicken Dinner with Potato & Vegetables (GF?)	£7.50
Sausages & Mash	£5.50
Chicken Fillet (or Cod) Goujons & Chunky Chips	£5.50
6oz Burger & Skinny Fries (GF?)(D?)	£6.00
Chicken Carbonara (GF?)	£7.00
Chicken Curry & Rice & Poppadum (GF?)(D?)(V)	£7.00
Pasta Bolognese (GF)(D)	£6.50
Free Ice-Cream with Every Kids Meal	

CHILDREN'S DESSERT

Chocolate Fudge Cake	£3.50
Hot Chocolate and Marshmallows	£2.00

Please Note: All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy, intolerance or special dietary requirement it is essential that you let us know when placing your order. Full allergen information is available.

(GF): Gluten free

(V): Vegetarian

(VG): Vegan

(H): Healthy Option

(D): Dairy Free

Anything notarised with a (?) Can be made to suit dietary requirement

All of our fresh Fruit & Vegetables are locally supplied by Grange Farm

SIDES

All priced at £3.95

Chunky Chips (plain, garlic or chilli)

Skinny Fries

Traditional Champ (GF) (V)

Baby Boiled Potatoes (GF) (V) (H) (D)

Onions Sautéed / French Fried

Gluten Free Bread Available

Rice (GF) (V) (H) (D) (VG)

Garden Peas (GF) (V) (H) (D) (VG)

Chef's Selection of Seasonal Vegetables (GF) (V)

Sweet Potato Fries

House Salad - Potato salad, coleslaw, mixed leaves, cheese, etc (V)

Dauphinoise (Creamy garlic potatoes) £5.00

Crispy onions.....£4.50

Coleslaw / Potato Salad£1.50

SAUCES

All priced at£2.95

Peppered (GF)

White Wine (V)(GF)

Diane (GF)

Pan Gravy (D)

Bushmills

SOMETHING SWEET

All priced at£3.95

Fresh Fruit Pavlova (GF)

Home Made Apple Pie (V)

Jam and Coconut Sponge (V)

Sherry Trifle

Cheese Cake (*ask your server for today's flavour*)

Chocolate Fudge Cake

Vegan Carrot Cake (V)(VG)(D)

Christmas Pudding & Brandy Sauce

Sticky Toffee Pudding (V)

Please Note: All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy, intolerance or special dietary requirement it is essential that you let us know when placing your order. Full allergen information is available.

(GF): Gluten free

(V): Vegetarian

(VG): Vegan

(H): Healthy Option

(D): Dairy Free

Anything notarised with a (?) Can be made to suit dietary requirement