

# The Ryandale MOY

## MENU

### Opening Hours

**Monday - Friday 8.00am - 8.00pm**

**Saturday 8.00am - 9.00pm**

**Sunday 8.00am - 8.00pm**

*At The Ryandale our food is prepared to order using only the finest ingredients available.*

*We produce quality food with exceptional flavours and taste.*

*Everything on our menu is made in-house on a daily basis so that we can maintain the highest food quality standards.*

*We hope you enjoy your meal*

[www.theryandale.com](http://www.theryandale.com)

## STARTERS

<b>Choice of Freshly Prepared Soups (G?) (D?)</b> .....	<b>£4.50</b>
with wheaten bread	
<b>Garlic Ciabatta (V)</b> .....	<b>£4.50</b>
with cheese 50p extra	
<b>Chicken Caesar (GF?)</b> .....	<b>£6.00 main £11.00</b>
baby gem, bacon, croutons & parmesan	
<b>Breaded Mushrooms (V)</b> .....	<b>£5.50</b>
seasonal leaves & garlic aioli	
<b>Chilli Dusted Chicken Strips</b> .....	<b>£7.00 main £14.00</b>
Little gem, peppers & sundried tomato & chilli mayo	
<b>Shallow Fried Brie (V)</b> .....	<b>£6.50</b>
Cranberry & port dressing	
<b>Vegetable Spring Roll (V)</b> .....	<b>£6.00</b>
Chilli dip	
<b>Tiger Prawns in Filo</b> .....	<b>£6.50</b>
Petit salad, chilli mayo	

*Please Note: All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy, intolerance or special dietary requirement it is essential that you let us know when placing your order. Full allergen information is available.*

*(GF): Gluten free*

*(V): Vegetarian*

*(VG): Vegan*

*(H): Healthy Option*

*(D): Dairy Free*

*Anything notarised with a (?) Can be made to suit dietary requirement*

## MAIN COURSES

### CHICKEN

<b>Chicken Curry (GF?) (D?) (H?)</b> .....	<b>£13.95</b>
roast chicken pieces in Chef's own curry sauce, poppadom & herb infused rice	
<b>Chicken Goujons</b> .....	<b>£12.95</b>
mixed baby leaf salad, side order & choice of dip	
<b>Chicken Fillet Burger</b> .....	<b>£13.50</b>
Spiced crumbed chicken fillet, bacon, chipolte sauce, cheddar & side order	
<b>Chicken Carbonara (GF?)</b> .....	<b>£12.95</b>
needs no introduction! Garlic bread	
<b>Cold Meat Salad (GF?)</b> .....	<b>£11.00</b>
Choice of chicken, turkey, ham	
<b>Extra for prawn or beef</b> .....	<b>£2.00</b>
<b>Chilli Dusted Chicken Stir-fry</b> .....	<b>£16.00</b>
breaded chilli chicken, Asian style vegetables	
<b>Chargrilled Chicken Supreme (GF)(D?)(H)</b> .....	<b>£13.95</b>
Scallion mash and choice of sauce	
<b>Cajun Chicken Special</b> .....	<b>£14.00</b>

### FISH

<b>Breaded Fillet of Cod</b> .....	<b>£13.50</b>
mushy peas, tartar sauce & side order	
<b>Cajun Blackened Salmon (GF) (H) (D)</b> .....	<b>£16.00</b>
served with soy and chilli seared vegetables. (Noodles or Rice if you wish)	
<b>Battered Scampi</b> .....	<b>£14.00</b>
served with sundried tomato & gherkin salad, tartar sauce & side	

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## GRILLED

*All our meat is supplied by McAtamney's Award Winning Butcher (Cookstown)-  
hung for a minimum 28 days for flavour and tenderness*

<b>8oz Sirloin</b> .....	<b>£18.00</b>
<b>12oz Sirloin</b> .....	<b>£24.00</b>
<b>10oz Fillet</b> .....	<b>£30.00</b>

All steaks are served with battered onions & choice of side

<b>Choice of sauce (extra)</b> .....	<b>£2.95</b>
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<b>“Ryandale Ribeye Steak”</b> .....	<b>£18.00</b>
6oz Ribeye, colcannon potato, crispy tobacco onions & choice of sauce	

<b>Steak Sandwich</b> .....	<b>£18.00</b>
Beef fillet strips, saute onion, mushrooms, pepper sauce on garlic ciabatta	

<b>6oz Ground Beef Burger (GF)</b> .....	<b>£14.50</b>
cheddar, bacon, BBQ sauce, served in a Sour dough bun & side order	

<b>Five Spiced Duck (GF) (D)</b> .....	<b>£17.50</b>
Pickled cabbage, sweet potato, soy & ginger glaze	

<b>Beef lasagne</b> .....	<b>£13.50</b>
Petit salad, coleslaw and garlic ciabatta & choice of side	

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## VEGETARIAN/ VEGAN

<b>Penne Pasta (GF) (V) (D) (H) (VG)</b> .....	<b>£10.50</b>
Roast Vegetables, Homemade Marinara Sauce	
<b>Vegetable Spring Rolls (V)</b> .....	<b>£10.50</b>
Sweet chilli dressing	
<b>Roast Vegetable &amp; Sweet Potato Curry (GF?) (V) (VG) (HE)</b> .....	<b>£10.50</b>
Herbed rice & poppadum	
<b>Vegan Burger (D) (H) (V)(VG)</b> .....	<b>£12.00</b>
Sour Dough Bap, BBQ Sauce, Vegan coleslaw, gerkin & tomato salad	

## CHILDRENS MENU (under 12s)

<b>Roast Chicken Dinner with Potato &amp; Vegetables (GF?)</b> .....	<b>£7.50</b>
<b>Sausages &amp; Mash</b> .....	<b>£5.50</b>
<b>Chicken Fillet (or Cod) Goujons &amp; Chunky Chips</b> .....	<b>£5.50</b>
<b>6oz Burger &amp; Skinny Fries (GF?(D?))</b> .....	<b>£6.00</b>
<b>Chicken Carbonara (GF?)</b> .....	<b>£7.00</b>
<b>Chicken Curry &amp; Rice &amp; Poppadum (GF?(D?)(V)</b> .....	<b>£7.00</b>
<b>Pasta Bolognese (GF)(D)</b> .....	<b>£6.50</b>
<b>Free Ice-Cream with Every Kids Meal</b>	

## CHILDREN'S DESSERT

<b>Chocolate Fudge Cake</b> .....	<b>£3.50</b>
<b>Hot Chocolate and Marshmallows</b> .....	<b>£2.00</b>

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## SIDES

**All priced at ..... £3.95**

Chunky Chips (plain, garlic or chilli)

Skinny Fries

Traditional Champ (GF) (V)

Baby Boiled Potatoes (GF) (V) (H) (D)

Onions Sautéed / French Fried

Gluten Free Bread Available

Rice (GF) (V) (H) (D) (VG)

Garden Peas (GF) (V) (H) (D) (VG)

Chef's Selection of Seasonal Vegetables (GF) (V)

Sweet Potato Fries

House Salad - Potato salad, coleslaw, mixed leaves, cheese, etc (V)

Crispy Salad - Baby gem, pepper, onion, beetroot, avocado and cherry tomato (V) (VG) (D) (GF) (H)

Dauphinoise (Creamy garlic potatoes) £5.00

Crispy onions.....£4.50

Coleslaw / Potato Salad .....£1.50

## SAUCES

**All priced at .....£2.95**

Peppered (GF)

White Wine (V)(GF)

Diane (GF)

Pan Gravy (D)

Bushmills

## SOMETHING SWEET

**All priced at .....£3.95**

Fresh Fruit Pavlova (GF)

Home Made Apple Pie (V)

Jam and Coconut Sponge (V)

Sherry Trifle

Cheese Cake (*ask your server for today's flavour*)

Chocolate Fudge Cake

Vegan Carrot Cake (V)(VG)(D)

Vegan Chocolate Brownie with Sorbet (V)(D)(GF)

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