The Ryandale MOY

At The Ryandale our food is prepared to order using only the finest ingredients available. All of our fresh fruit & vegetables are locally supplied by **Grange Farm**.

Everything on our menu is made in-house on a daily basis so that we can maintain the highest food quality standards and produce food with exceptional flavours. We hope you enjoy your meal.

Opening hours

Monday - Friday	8.00am - 8.00pm
Saturday	8.00am - 9.00pm
Sunday	8.00am - 8.00pm

STARTERS

Choice of Freshly Prepared Soups (G?) (D?) **£6.00**
with roll

Garlic Ciabatta (V) **£6.50**
with cheese 50p extra

Chicken Caesar (GF?) **£8.00**
baby gem, bacon, croutons & Parmesan *main* **£15.00**

Breaded Mushrooms (V) **£7.00**
seasonal leaves & garlic aioli

Chilli Dusted Chicken Strips **£8.00**
little gem, peppers & sundried tomato & chilli mayo *main* **£15.00**

Shallow-fried Brie (V) **£8.00**
cranberry & port dressing

Classic Prawn & Marie Rose Salad **£8.50**

Chicken Liver Pate onion jam & croute **£9.00**

Egg Mayonnaise crispy salad **£7.00**

Vegetable Spring Roll chilli dip (V) **£7.00**

Vegan Crispy Salad (V) (VG) (D) (GF) (H) **£8.50**
baby gem, pepper, onion, beetroot, avocado & cherry tomato

MAIN COURSES

Roast Beef served with all the trimmings **£18.00**

Turkey & Ham served with all the trimmings **£17.00**

CHICKEN

Chicken Curry (GF?) (D?) (H?) **£15.50**
roast chicken pieces in Chef's own curry sauce, poppadom & herb-infused rice

Chicken Goujons **£15.00**
mixed baby leaf salad, side order & choice of dip

Chicken Fillet Burger **£15.00**
spiced crumbed chicken fillet, bacon, chipotle sauce, cheddar & side order

Chicken Carbonara (GF?) **£15.00**
needs no introduction! Garlic bread

Cold Meat Salad (GF?) **£15.00**
choice of chicken, turkey, ham *extra for prawn/beef* **£2.00**

Chilli Dusted Chicken Stir-fry **£17.50**
breaded chilli chicken, Asian-style vegetables

Chargrilled Chicken Supreme (GF) (D?) (H) **£15.00**
scallion mash and choice of sauce

Cajun Chicken rice with garlic & chilli cream **£16.50**

GRILLED

All our meat is supplied by **McAtamney's Award-Winning Butcher** (Cookstown) and hung for a minimum 28 days for flavour and tenderness.

8oz Sirloin **£21.00**
12oz Sirloin **£28.00**
10oz Fillet **£35.00**
All steaks are served with battered onions & choice of side.
Choice of sauce (extra) **£3.25**

'Ryandale Ribeye Stack' **£20.00**
6oz ribeye steak, colcannon potato, crispy tobacco onions & choice of sauce

Steak Sandwich **£20.00**
beef fillet strips, sautéed onion, mushrooms, pepper sauce on garlic ciabatta (No Subs)

6oz Ground Beef Burger (GF?) **£16.00**
served in a seeded bap with cheddar, bacon, BBQ sauce & choice of side

Five Spiced Duck (GF) (D) **£19.00**
pickled cabbage, sweet potato, soy & ginger glaze

Beef lasagne **£15.00**
petite salad, coleslaw and garlic ciabatta & choice of side

FISH

Breaded Fillet of Cod **£16.00**
mushy peas, tartar sauce & side order

Cajun Blackened Salmon (GF) (H) (D) **£17.00**
served with soy and chilli seared vegetables (noodles or rice if you wish)

Battered Scampi **£16.00**
served with sundried tomato & gherkin salad, tartar sauce & side

VEGETARIAN/ VEGAN

Penne Pasta (GF) (V) (D) (H) (VG) **£13.00**
roast vegetables, homemade marinara sauce

Vegetable Spring Rolls (V) **£13.00**
sweet chilli dressing

Roast Vegetable & Sweet Potato Curry **£13.00**
(GF?) (V) (VG) (HE)
herbed rice & poppadum

Vegan Cheese Burger (D) (H) (V) (VG) **£14.00**
seeded bap, BBQ sauce, vegan coleslaw, gerkin & tomato salad

CHILDREN'S MENU UNDER 12S

Roast Chicken Dinner (GF?) **£8.00**
with potato & vegetables

Sausages, Mash & Gravy **£6.50**

Chicken Fillet/Cod Goujons **£6.50**
with chunky chips

6oz Burger (GF?) (D?) **£7.50**
with skinny fries

Chicken Carbonara (GF?) **£7.50**
with garlic bread

Chicken Curry (GF?) (D?) (V) **£7.50**
with rice & poppadum

Pasta Bolognese (GF?) (D?) **£7.50**
with garlic bread

Free icecream with every children's meal

CHILDREN'S DESSERTS

Chocolate Fudge Cake **£3.50**

Hot Chocolate and Marshmallows **£2.00**

SIDES

all priced at £4.50

Dauphinoise creamy garlic potatoes

Chunky Chips plain, garlic or chilli

Skinny Fries

Traditional Champ (GF) (V)

Baby Boiled Potatoes (GF) (V) (H) (D)

Onions sautéed / French fried

Gluten Free Bread (GF)

Rice (GF) (V) (H) (D) (VG)

Garden Peas (GF) (V) (H) (D) (VG)

Chef's Selection of Seasonal Vegetables (GF) (V)

Sweet Potato Fries

House Salad (V)
pasta salad, coleslaw, mixed leaves, tomato & onion

Crispy Onions

Coleslaw **£1.50**

Potato Salad **£1.50**

SAUCES

all priced at **£3.25**

Peppered (GF)
White Wine (V) (GF)
Diane (GF)
Pan Gravy (D)
Bushmills (GF)

DESSERTS

all priced at **£5.95**

Please ask your server

17-19 The Square
Moy, Co. Tyrone

info@theryandale.com

theryandale.com

PLEASE NOTE: all our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not include all ingredients. **If you have a food allergy, intolerance or special dietary requirement it is essential that you let us know when placing your order.** Full allergen information is available.

(GF) gluten free **(V)** vegetarian **(VG)** vegan **(H)** healthy option **(D)** dairy free
Anything annotated with a **(?)** can be made to suit your dietary requirements.